



### Stage 3: The Semi Finals Results - Thetford - 1 October 2011

Team No	Team Name	1	28	36	30	31	20	32	35	34	Penalties														Points - Pen = Score	Position																		
	Name(s)	R	R	R	R	R	R	R	R	R																Class, Category																		
<b>379</b>	<b>Mike Pinnock</b> Mike Pinnock	15	15	15	15	15																																			1:03:41	Total Points: 111		
		Points:	Run	75	Bike	0	Kayak	0	Chall	0	Other	36	Penalties:	Time	0	Other	0	Kayak	0															Total Penalty: - 0 = 111	14	19								
<b>367</b>	<b>JP</b> John Peters	15	15	15	15					25																														1:05:58	Total Points: 109			
		Points:	Run	85	Bike	0	Kayak	0	Chall	0	Other	24	Penalties:	Time	0	Other	0	Kayak	0															Total Penalty: - 0 = 109	15	20								
<b>387</b>	<b>Muck Spreader</b> Ray Spreadbury	15	15	15	15	15																																		1:10:07	Total Points: 104			
		Points:	Run	75	Bike	0	Kayak	0	Chall	0	Other	29	Penalties:	Time	0	Other	0	Kayak	0															Total Penalty: - 0 = 104	16	24								
<b>389</b>	<b>Crouching Nugget</b> Mark Cribben	15	15	15	15	15																																		1:11:40	Total Points: 103			
		Points:	Run	75	Bike	0	Kayak	0	Chall	0	Other	28	Penalties:	Time	0	Other	0	Kayak	0															Total Penalty: - 0 = 103	17	25								
<b>393</b>	<b>Terminal Misery</b> Christian Watkins, Miles Watkins	15	15	15	15																																				0:53:41	Total Points: 90		
		Points:	Run	60	Bike	0	Kayak	0	Chall	0	Other	30	Penalties:	Time	0	Other	0	Kayak	0															Total Penalty: - 0 = 90	18	27								
<b>380</b>	<b>The Flying Trilobites</b> John Batten, Ian Ward	15	15	15	15																																				0:54:52	Total Points: 90		
		Points:	Run	60	Bike	0	Kayak	0	Chall	0	Other	30	Penalties:	Time	0	Other	0	Kayak	0															Total Penalty: - 0 = 90	19	28								
<b>382</b>	<b>Nigel Braggins</b> Nigel Braggins	15	15	15	15																																				0:59:13	Total Points: 90		
		Points:	Run	60	Bike	0	Kayak	0	Chall	0	Other	30	Penalties:	Time	0	Other	0	Kayak	0															Total Penalty: - 0 = 90	20	29								
<b>386</b>	<b>No Sense of Direction</b> Kevin Rudland, John Feakes, Steve Moore	15	15	15						25																														1:11:22	Total Points: 88			
		Points:	Run	70	Bike	0	Kayak	0	Chall	0	Other	18	Penalties:	Time	0	Other	0	Kayak	0															Total Penalty: - 0 = 88	21	30								
<b>399</b>	<b>Cartilage - Can't Run</b> Lyndon Sutton	15	15	15																																					0:39:08	Total Points: 75		
		Points:	Run	45	Bike	0	Kayak	0	Chall	0	Other	30	Penalties:	Time	0	Other	0	Kayak	0															Total Penalty: - 0 = 75	22	32								
<b>388</b>	<b>Team Dom</b> Amir Shamsuddin	15	15	15						25																														1:18:37	Total Points: 85			
		Points:	Run	70	Bike	0	Kayak	0	Chall	0	Other	15	Penalties:	Time	20	Other	0	Kayak	0															Total Penalty: - 20 = 65	23	34								

**Stage 3: The Semi Finals Results - Thetford - 1 October 2011**

*Team No*   *Team Name*  
*Name(s)*

1	28	36	30	31	20	32	35	34																											
R	R	R	R	R	R	R	R	R																											

*Points - Pen = Score*   *Position*  
*Class, Category*

**Masters Ladies**

**318 Nicki Adams**

Nicki Adams

15	15	15	15	15		25																												
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Points:   Run 100   Bike 0   Kayak 0   Chall 0   Other 34   Penalties: Time 0   Other 0   Kayak 0

**1:05:29**   *Total Points:*   134  
*Total Penalty:*   - 0 = **134**   **1**   **14**

**375 Team Bungee**

Lucy Harris, Isla Reynolds

15	15	15	15			25																												
----	----	----	----	--	--	----	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Points:   Run 85   Bike 0   Kayak 0   Chall 0   Other 24   Penalties: Time 0   Other 0   Kayak 0

**1:06:00**   *Total Points:*   109  
*Total Penalty:*   - 0 = **109**   **2**   **21**

## Stage 3: The Semi Finals Results - Thetford - 1 October 2011

Team Team Name  
No Name(s)

1	28	36	30	31	20	32	35	34																								
R	R	R	R	R	R	R	R	R																								

*Points - Pen = Score Position  
Class, Category*

### Masters Mixed

<b>369</b>	<b>Nooners</b> Fiona Scotter, Peter Walker	<table border="0" style="width: 100%;"> <tr> <td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td></td><td></td><td style="font-family: monospace;">25</td><td style="font-family: monospace;">30</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> <tr> <td colspan="2">Points:</td><td>Run</td><td>130</td><td>Bike</td><td>0</td><td>Kayak</td><td>0</td><td>Chall</td><td>0</td><td>Other</td><td>37</td><td>Penalties:</td><td>Time</td><td>0</td><td>Other</td><td>0</td><td>Kayak</td><td>0</td><td colspan="18"></td> </tr> </table>	15	15	15	15	15			25	30																									Points:		Run	130	Bike	0	Kayak	0	Chall	0	Other	37	Penalties:	Time	0	Other	0	Kayak	0																			1:02:29	Total Points: 167 Total Penalty: - 0 = 167	1 2
15	15	15	15	15			25	30																																																																			
Points:		Run	130	Bike	0	Kayak	0	Chall	0	Other	37	Penalties:	Time	0	Other	0	Kayak	0																																																									
<b>365</b>	<b>Competitive Coasters</b> Paul Evans, Carol Yarrow	<table border="0" style="width: 100%;"> <tr> <td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td></td><td></td><td style="font-family: monospace;">25</td><td style="font-family: monospace;">30</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> <tr> <td colspan="2">Points:</td><td>Run</td><td>130</td><td>Bike</td><td>0</td><td>Kayak</td><td>0</td><td>Chall</td><td>0</td><td>Other</td><td>34</td><td>Penalties:</td><td>Time</td><td>0</td><td>Other</td><td>0</td><td>Kayak</td><td>0</td><td colspan="18"></td> </tr> </table>	15	15	15	15	15			25	30																									Points:		Run	130	Bike	0	Kayak	0	Chall	0	Other	34	Penalties:	Time	0	Other	0	Kayak	0																			1:05:56	Total Points: 164 Total Penalty: - 0 = 164	2 5
15	15	15	15	15			25	30																																																																			
Points:		Run	130	Bike	0	Kayak	0	Chall	0	Other	34	Penalties:	Time	0	Other	0	Kayak	0																																																									
<b>363</b>	<b>Flagging Finches</b> Sarah Evans, Andy Surplice	<table border="0" style="width: 100%;"> <tr> <td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td></td><td></td><td></td><td style="font-family: monospace;">25</td><td style="font-family: monospace;">30</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> <tr> <td colspan="2">Points:</td><td>Run</td><td>115</td><td>Bike</td><td>0</td><td>Kayak</td><td>0</td><td>Chall</td><td>0</td><td>Other</td><td>23</td><td>Penalties:</td><td>Time</td><td>0</td><td>Other</td><td>0</td><td>Kayak</td><td>0</td><td colspan="18"></td> </tr> </table>	15	15	15	15				25	30																									Points:		Run	115	Bike	0	Kayak	0	Chall	0	Other	23	Penalties:	Time	0	Other	0	Kayak	0																			1:06:18	Total Points: 138 Total Penalty: - 0 = 138	3 11
15	15	15	15				25	30																																																																			
Points:		Run	115	Bike	0	Kayak	0	Chall	0	Other	23	Penalties:	Time	0	Other	0	Kayak	0																																																									
<b>364</b>	<b>Mud, Sweat and Beers</b> Ross Remnant, Laura Ashfield	<table border="0" style="width: 100%;"> <tr> <td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td></td><td></td><td style="font-family: monospace;">25</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> <tr> <td colspan="2">Points:</td><td>Run</td><td>100</td><td>Bike</td><td>0</td><td>Kayak</td><td>0</td><td>Chall</td><td>0</td><td>Other</td><td>37</td><td>Penalties:</td><td>Time</td><td>0</td><td>Other</td><td>0</td><td>Kayak</td><td>0</td><td colspan="18"></td> </tr> </table>	15	15	15	15	15			25																										Points:		Run	100	Bike	0	Kayak	0	Chall	0	Other	37	Penalties:	Time	0	Other	0	Kayak	0																			1:02:18	Total Points: 137 Total Penalty: - 0 = 137	4 12
15	15	15	15	15			25																																																																				
Points:		Run	100	Bike	0	Kayak	0	Chall	0	Other	37	Penalties:	Time	0	Other	0	Kayak	0																																																									
<b>366</b>	<b>A to Zeb</b> Zoe Barker, Andy Hodder Smith	<table border="0" style="width: 100%;"> <tr> <td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> <tr> <td colspan="2">Points:</td><td>Run</td><td>75</td><td>Bike</td><td>0</td><td>Kayak</td><td>0</td><td>Chall</td><td>0</td><td>Other</td><td>32</td><td>Penalties:</td><td>Time</td><td>0</td><td>Other</td><td>0</td><td>Kayak</td><td>0</td><td colspan="18"></td> </tr> </table>	15	15	15	15	15																													Points:		Run	75	Bike	0	Kayak	0	Chall	0	Other	32	Penalties:	Time	0	Other	0	Kayak	0																			1:07:26	Total Points: 107 Total Penalty: - 0 = 107	5 22
15	15	15	15	15																																																																							
Points:		Run	75	Bike	0	Kayak	0	Chall	0	Other	32	Penalties:	Time	0	Other	0	Kayak	0																																																									
<b>317</b>	<b>Rymurry</b> R El, M Holm	<table border="0" style="width: 100%;"> <tr> <td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td></td><td></td><td></td><td style="font-family: monospace;">25</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> <tr> <td colspan="2">Points:</td><td>Run</td><td>85</td><td>Bike</td><td>0</td><td>Kayak</td><td>0</td><td>Chall</td><td>0</td><td>Other</td><td>21</td><td>Penalties:</td><td>Time</td><td>0</td><td>Other</td><td>0</td><td>Kayak</td><td>0</td><td colspan="18"></td> </tr> </table>	15	15	15	15				25																										Points:		Run	85	Bike	0	Kayak	0	Chall	0	Other	21	Penalties:	Time	0	Other	0	Kayak	0																			1:08:45	Total Points: 106 Total Penalty: - 0 = 106	6 23
15	15	15	15				25																																																																				
Points:		Run	85	Bike	0	Kayak	0	Chall	0	Other	21	Penalties:	Time	0	Other	0	Kayak	0																																																									
<b>370</b>	<b>Wasted Potential</b> Steve Hill, Michelle Hoey	<table border="0" style="width: 100%;"> <tr> <td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> <tr> <td colspan="2">Points:</td><td>Run</td><td>60</td><td>Bike</td><td>0</td><td>Kayak</td><td>0</td><td>Chall</td><td>0</td><td>Other</td><td>30</td><td>Penalties:</td><td>Time</td><td>0</td><td>Other</td><td>0</td><td>Kayak</td><td>0</td><td colspan="18"></td> </tr> </table>	15	15	15	15																														Points:		Run	60	Bike	0	Kayak	0	Chall	0	Other	30	Penalties:	Time	0	Other	0	Kayak	0																			0:52:28	Total Points: 90 Total Penalty: - 0 = 90	7 26
15	15	15	15																																																																								
Points:		Run	60	Bike	0	Kayak	0	Chall	0	Other	30	Penalties:	Time	0	Other	0	Kayak	0																																																									
<b>371</b>	<b>Loco and Dibber</b> Clive Jenkins, Gina Starling	<table border="0" style="width: 100%;"> <tr> <td style="font-family: monospace;">15</td><td></td><td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> <tr> <td colspan="2">Points:</td><td>Run</td><td>60</td><td>Bike</td><td>0</td><td>Kayak</td><td>0</td><td>Chall</td><td>0</td><td>Other</td><td>25</td><td>Penalties:</td><td>Time</td><td>0</td><td>Other</td><td>0</td><td>Kayak</td><td>0</td><td colspan="18"></td> </tr> </table>	15		15	15	15																													Points:		Run	60	Bike	0	Kayak	0	Chall	0	Other	25	Penalties:	Time	0	Other	0	Kayak	0																			0:56:31	Total Points: 85 Total Penalty: - 0 = 85	8 31
15		15	15	15																																																																							
Points:		Run	60	Bike	0	Kayak	0	Chall	0	Other	25	Penalties:	Time	0	Other	0	Kayak	0																																																									
<b>372</b>	<b>Three Team Maroc</b> Clare Houghton, Tarquin Adams	<table border="0" style="width: 100%;"> <tr> <td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td style="font-family: monospace;">15</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> <tr> <td colspan="2">Points:</td><td>Run</td><td>45</td><td>Bike</td><td>0</td><td>Kayak</td><td>0</td><td>Chall</td><td>0</td><td>Other</td><td>30</td><td>Penalties:</td><td>Time</td><td>0</td><td>Other</td><td>0</td><td>Kayak</td><td>0</td><td colspan="18"></td> </tr> </table>	15	15	15																															Points:		Run	45	Bike	0	Kayak	0	Chall	0	Other	30	Penalties:	Time	0	Other	0	Kayak	0																			0:59:59	Total Points: 75 Total Penalty: - 0 = 75	9 33
15	15	15																																																																									
Points:		Run	45	Bike	0	Kayak	0	Chall	0	Other	30	Penalties:	Time	0	Other	0	Kayak	0																																																									

## Stage 3: The Semi Finals Results - Thetford - 1 October 2011

Team No	Team Name	1	28	36	30	31	20	32	35	34																											Points - Pen = Score	Position	Class, Category
	Name(s)	R	R	R	R	R	R	R	R	R																													
<b>344</b>	<b>Team Ram Rod</b> Malcolm Young	15	15	15	15	15	15	25	30																										1:18:29	Total Points: 180			
		Points: Run 145 Bike 0 Kayak 0 Chall 0 Other 35 Penalties: Time 8 Other 0 Kayak 0																												Total Penalty: - 8 =	<b>172</b>	<b>1</b>	<b>1</b>						
<b>346</b>	<b>Rebels 1</b> Richard Johnson, Neil Tarbet	15	15	15	15	15		25	30																										1:03:43	Total Points: 166			
		Points: Run 130 Bike 0 Kayak 0 Chall 0 Other 36 Penalties: Time 0 Other 0 Kayak 0																												Total Penalty: - 0 =	<b>166</b>	<b>2</b>	<b>2</b>						
<b>342</b>	<b>Dove Runners</b> Sean Connor, Paul Nedd	15	15	15	15	15		25	30																									1:16:29	Total Points: 155				
		Points: Run 130 Bike 0 Kayak 0 Chall 0 Other 25 Penalties: Time 4 Other 0 Kayak 0																												Total Penalty: - 4 =	<b>151</b>	<b>3</b>	<b>4</b>						
<b>341</b>	<b>Men's Fitness</b> Sam Rider, Ben Ince	15	15	15	15	15		25	30																									1:16:37	Total Points: 155				
		Points: Run 130 Bike 0 Kayak 0 Chall 0 Other 25 Penalties: Time 4 Other 0 Kayak 0																												Total Penalty: - 4 =	<b>151</b>	<b>4</b>	<b>5</b>						
<b>350</b>	<b>1664</b> Rik Cannon, Shane England	15	15	15	15			25	30																										1:07:25	Total Points: 137			
		Points: Run 115 Bike 0 Kayak 0 Chall 0 Other 22 Penalties: Time 0 Other 0 Kayak 0																												Total Penalty: - 0 =	<b>137</b>	<b>5</b>	<b>7</b>						
<b>349</b>	<b>The Beery Berry Bloaters</b> Simon Graydon, Marco Misticoni, Graham Dimmock	15	15	15	15	15		25																											1:05:49	Total Points: 134			
		Points: Run 100 Bike 0 Kayak 0 Chall 0 Other 34 Penalties: Time 0 Other 0 Kayak 0																												Total Penalty: - 0 =	<b>134</b>	<b>6</b>	<b>8</b>						
<b>345</b>	<b>Rebels 2</b> Tristan Bunn, Alex Tosh Wheeler	15	15	15	15	15		25																											1:06:21	Total Points: 133			
		Points: Run 100 Bike 0 Kayak 0 Chall 0 Other 33 Penalties: Time 0 Other 0 Kayak 0																												Total Penalty: - 0 =	<b>133</b>	<b>7</b>	<b>9</b>						
<b>355</b>	<b>Wrong Direction</b> Rakesh Thakrar	15	15	15	15	15		25																											1:06:26	Total Points: 133			
		Points: Run 100 Bike 0 Kayak 0 Chall 0 Other 33 Penalties: Time 0 Other 0 Kayak 0																												Total Penalty: - 0 =	<b>133</b>	<b>8</b>	<b>10</b>						
<b>316</b>	<b>Tio Marco</b> Mark Westwood	15	15	15	15	15		25																											1:06:36	Total Points: 133			
		Points: Run 100 Bike 0 Kayak 0 Chall 0 Other 33 Penalties: Time 0 Other 0 Kayak 0																												Total Penalty: - 0 =	<b>133</b>	<b>9</b>	<b>11</b>						
<b>348</b>	<b>Lee Garratty</b> Lee Garratty	15	15	15	15			25	30																										1:12:34	Total Points: 132			
		Points: Run 115 Bike 0 Kayak 0 Chall 0 Other 17 Penalties: Time 0 Other 0 Kayak 0																												Total Penalty: - 0 =	<b>132</b>	<b>10</b>	<b>13</b>						
<b>360</b>	<b>What's a kayak?</b> Mark Leek, Andrew Dool, Aaron Clarke	15	15	15	15			25	30																											1:15:43	Total Points: 130		
		Points: Run 115 Bike 0 Kayak 0 Chall 0 Other 15 Penalties: Time 2 Other 0 Kayak 0																												Total Penalty: - 2 =	<b>128</b>	<b>11</b>	<b>14</b>						
<b>361</b>	<b>Brown Brothers</b> Michael Brown, Christopher Brown	15	15	15	15			25																											1:05:57	Total Points: 109			
		Points: Run 85 Bike 0 Kayak 0 Chall 0 Other 24 Penalties: Time 0 Other 0 Kayak 0																												Total Penalty: - 0 =	<b>109</b>	<b>12</b>	<b>19</b>						
<b>359</b>	<b>Terrible Mistake</b> Tony Sorensen, Dom Galea, Ollie Nash, Paul Harrod	15	15	15				25																											1:00:00	Total Points: 100			
		Points: Run 70 Bike 0 Kayak 0 Chall 0 Other 30 Penalties: Time 0 Other 0 Kayak 0																												Total Penalty: - 0 =	<b>100</b>	<b>13</b>	<b>22</b>						

### Stage 3: The Semi Finals Results - Thetford - 1 October 2011

Team No	Team Name	1	28	36	30	31	20	32	35	34											Points - Pen = Score	Position		
	Name(s)	R	R	R	R	R	R	R	R	R											Class, Category			
<b>362</b>	<b>m2</b> Michael Carter	15	15	15	15	15																<b>1:14:43</b>	<b>Total Points: 100</b>	
	Points: Run 75 Bike 0 Kayak 0 Chall 0 Other 25 Penalties: Time 0 Other 0 Kayak 0											<b>Total Penalty: - 0 = 100</b>	<b>14</b>	<b>23</b>										
<b>353</b>	<b>Microsoft</b> Kevin Sangwell, Nigel Willson, Sean Dowse, Steve Godfrey	15	15	15	15																<b>0:52:25</b>	<b>Total Points: 90</b>		
	Points: Run 60 Bike 0 Kayak 0 Chall 0 Other 30 Penalties: Time 0 Other 0 Kayak 0											<b>Total Penalty: - 0 = 90</b>	<b>15</b>	<b>24</b>										
<b>331</b>	<b>Walkers</b> Joesph Smith, Paul Cherrett, Mark Wilson	15	15	15	15																<b>0:52:59</b>	<b>Total Points: 90</b>		
	Points: Run 60 Bike 0 Kayak 0 Chall 0 Other 30 Penalties: Time 0 Other 0 Kayak 0											<b>Total Penalty: - 0 = 90</b>	<b>16</b>	<b>25</b>										
<b>356</b>	<b>Lark 4</b> Jon Collard, Sean Stuteley, Andrew Terry,A Johnson- Chapman	15	15	15	15																<b>0:53:42</b>	<b>Total Points: 90</b>		
	Points: Run 60 Bike 0 Kayak 0 Chall 0 Other 30 Penalties: Time 0 Other 0 Kayak 0											<b>Total Penalty: - 0 = 90</b>	<b>17</b>	<b>26</b>										
<b>343</b>	<b>Seemed like a good idea</b> Stuart Wilson, Guy Lapworth	15	15	15	15	25																<b>1:24:47</b>	<b>Total Points: 100</b>	
	Points: Run 85 Bike 0 Kayak 0 Chall 0 Other 15 Penalties: Time 20 Other 0 Kayak 0											<b>Total Penalty: - 20 = 80</b>	<b>18</b>	<b>29</b>										
<b>340</b>	<b>Simrit Beavers</b> Steve Cox, Ashley Cartwright, Chris Read	15	15	15																<b>0:59:59</b>	<b>Total Points: 75</b>			
	Points: Run 45 Bike 0 Kayak 0 Chall 0 Other 30 Penalties: Time 0 Other 0 Kayak 0											<b>Total Penalty: - 0 = 75</b>	<b>19</b>	<b>34</b>										

## Stage 3: The Semi Finals Results - Thetford - 1 October 2011

*Team*   *Team Name*  
*No*   *Name(s)*

1	28	36	30	31	20	32	35	34																											
R	R	R	R	R	R	R	R	R																											

*Points - Pen = Score*   *Position*  
*Class, Category*

### Novice Ladies

**333 Stortford Girlies**

Octavia Chambers, Julia Fonnereau

15	15	15	15	15				25																											
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Points: Run 100   Bike 0   Kayak 0   Chall 0   Other 37   Penalties: Time 0   Other 0   Kayak 0

**1:02:09**   *Total Points:*   137  
*Total Penalty:* - 0 = **137**   1   6

**338 The Thingle Pots**

Caroline Goodman, Steph Cook

15	15	15	15					25																										
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Points: Run 85   Bike 0   Kayak 0   Chall 0   Other 29   Penalties: Time 0   Other 0   Kayak 0

**1:00:29**   *Total Points:*   114  
*Total Penalty:* - 0 = **114**   2   15

**339 Sammy**

Samantha Fielding

15	15	15	15					25																										
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Points: Run 85   Bike 0   Kayak 0   Chall 0   Other 26   Penalties: Time 0   Other 0   Kayak 0

**1:03:41**   *Total Points:*   111  
*Total Penalty:* - 0 = **111**   3   17

**335 Adventure Girls Team 1**

Trish McCarthy, Debbie Bowers, Birgit Larsson

15	15	15	15					25																										
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Points: Run 85   Bike 0   Kayak 0   Chall 0   Other 25   Penalties: Time 0   Other 0   Kayak 0

**1:04:11**   *Total Points:*   110  
*Total Penalty:* - 0 = **110**   4   18

**332 Rebelettes**

Lauren Buffini, Allyson Maclean

15	15	15						25																										
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Points: Run 70   Bike 0   Kayak 0   Chall 0   Other 30   Penalties: Time 0   Other 0   Kayak 0

**0:54:56**   *Total Points:*   100  
*Total Penalty:* - 0 = **100**   5   21

**334 Tri-girl Cubed**

Clare Cole, Katy Walters, Rose Waterman

15	15	15	15																															
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Points: Run 60   Bike 0   Kayak 0   Chall 0   Other 30   Penalties: Time 0   Other 0   Kayak 0

**0:56:12**   *Total Points:*   90  
*Total Penalty:* - 0 = **90**   6   27

**352 CowGirls**

Kimberly Mort, Jennifer Kellner, Heather Garmier

15	15	15																																
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Points: Run 45   Bike 0   Kayak 0   Chall 0   Other 30   Penalties: Time 0   Other 0   Kayak 0

**0:48:03**   *Total Points:*   75  
*Total Penalty:* - 0 = **75**   7   30

## Stage 3: The Semi Finals Results - Thetford - 1 October 2011

Team No	Team Name	1	28	36	30	31	20	32	35	34																					Points - Pen = Score	Position						
No	Name(s)	R	R	R	R	R	R	R	R	R																												
<b>Novice Mixed</b>																																						
324	<b>Bird on a Bungee</b> Samantha Ludlow, Andrew Taylor, Will Jones	15	15	15	15	15	25	30																							1:14:31	Total Points: 155	1	3				
	Points: Run 130	Bike	0	Kayak	0	Chall	0	Other	25	Penalties: Time	0	Other	0	Kayak	0																							Total Penalty: - 0 = 155
326	<b>Kayakattack</b> Alexandra Illingworth, David Illingworth	15	15	15	15	15	25																								1:07:36	Total Points: 132	2	12				
	Points: Run 100	Bike	0	Kayak	0	Chall	0	Other	32	Penalties: Time	0	Other	0	Kayak	0																							Total Penalty: - 0 = 132
320	<b>South London Orienteers</b> Jayne Sales, Dan Findlay-Robinson	15	15	15	15	25	30																								1:22:52	Total Points: 130	3	16				
	Points: Run 115	Bike	0	Kayak	0	Chall	0	Other	15	Penalties: Time	16	Other	0	Kayak	0																							Total Penalty: - 16 = 114
322	<b>LBV</b> Tamara Gijbels, Katrijn Van Lindt, Raf Ruyters	15	15	15	15	15																									1:06:58	Total Points: 108	4	20				
	Points: Run 75	Bike	0	Kayak	0	Chall	0	Other	33	Penalties: Time	0	Other	0	Kayak	0																							Total Penalty: - 0 = 108
327	<b>Don't Do Mornings...</b> Anoushka Morse, Marc Scutt	15	15	15	25																										1:13:38	Total Points: 86	5	28				
	Points: Run 70	Bike	0	Kayak	0	Chall	0	Other	16	Penalties: Time	0	Other	0	Kayak	0																							Total Penalty: - 0 = 86
325	<b>We're the farquari</b> Glenda & Gregory Anderson, Stacey Amos, Christophe Guillard	15	15	15																											0:49:47	Total Points: 75	6	31				
	Points: Run 45	Bike	0	Kayak	0	Chall	0	Other	30	Penalties: Time	0	Other	0	Kayak	0																							Total Penalty: - 0 = 75
329	<b>The A-team</b> Mark Ponsford, Laura Preston, Sean Galvin	15	15	15																											0:52:53	Total Points: 75	7	32				
	Points: Run 45	Bike	0	Kayak	0	Chall	0	Other	30	Penalties: Time	0	Other	0	Kayak	0																						Total Penalty: - 0 = 75	
321	<b>Team Chalk and Cheese</b> Olivia Watson, Paul Enright	15	15	15																											0:59:59	Total Points: 75	8	33				
	Points: Run 45	Bike	0	Kayak	0	Chall	0	Other	30	Penalties: Time	0	Other	0	Kayak	0																						Total Penalty: - 0 = 75	
319	<b>Simrit Seals</b> Sarah Roberson, Gary Williams, Dick Bird	15	15	15																											1:00:00	Total Points: 75	9	35				
	Points: Run 45	Bike	0	Kayak	0	Chall	0	Other	30	Penalties: Time	0	Other	0	Kayak	0																						Total Penalty: - 0 = 75	
328	<b>Team Ironman</b> Rebecca Gould, Sophie Pooley, Samuel Albanie			15	15	15	15	30																							2:23:48	Total Points: 120	10	36				
	Points: Run 90	Bike	0	Kayak	0	Chall	0	Other	30	Penalties: Time	138	Other	0	Kayak	0																						Total Penalty: - 138 = -18	