

## Stage 2: The Quarter Finals Results - Thetford - 1 October 2011

Collect-o-meter 5 > > 10 > > 15 > > 20 > > 25 > > 30 > > 35 > > 40 > > F

### Masters

[Team No] Team Name (Racers) - Class

**1 2:23:53 350 - 0 = 350 [396] Hillbilly (Kevin Stephens) - Mens**

Route Taken ⇨ 19 20 21 22 48 14 23 25 26 AP CH 28 18 16 7 17 F

Splits ⇨ 06:55 04:59 03:08 09:54 07:28 06:07 07:42 10:53 03:07 17:49 23:34 08:20 07:51 04:59 05:29 04:16 11:22

Run ⇨ 0:06:55 0:11:54 0:15:02 0:24:56 0:32:24 0:38:31 0:46:13 0:57:06 1:00:13 1:18:02 1:41:36 1:49:56 1:57:47 2:02:46 2:08:15 2:12:31 2:23:53

**2 2:29:49 330 - 0 = 330 [383] Hobnobs (Rob Smart, Darren Ryden) - Mens**

Route Taken ⇨ 19 20 21 22 48 14 23 25 26 AP CH 28 18 16 7 F

Splits ⇨ 08:38 05:33 04:52 10:31 04:32 06:06 09:21 11:18 03:07 20:45 25:09 11:34 09:30 04:58 05:44 08:11

Run ⇨ 0:08:38 0:14:11 0:19:03 0:29:34 0:34:06 0:40:12 0:49:33 1:00:51 1:03:58 1:24:43 1:49:52 2:01:26 2:10:56 2:15:54 2:21:38 2:29:49

**3 2:27:59 325 - 0 = 325 [365] Competitive Coasters (Paul Evans, Carol Yarrow) - Mixed**

Route Taken ⇨ 20 21 22 48 14 23 25 26 AP CH CF 19 F

Splits ⇨ 15:29 03:35 10:24 04:20 06:00 09:34 11:18 02:48 18:04 53:20 00:02 07:20 05:45

Run ⇨ 0:15:29 0:19:04 0:29:28 0:33:48 0:39:48 0:49:22 1:00:40 1:03:28 1:21:32 2:14:52 2:14:54 2:22:14 2:27:59

**4 2:28:06 290 - 0 = 290 [398] CamRacers Russ (Russ Ladkin) - Mens**

Route Taken ⇨ 19 AP CH 20 21 22 48 14 23 25 26 NA 28 7 F

Splits ⇨ 10:29 04:22 22:01 10:15 03:54 10:59 04:35 06:48 10:27 12:17 03:09 11:55 23:31 04:12 09:12

Run ⇨ 0:10:29 0:14:51 0:36:52 0:47:07 0:51:01 1:02:00 1:06:35 1:13:23 1:23:50 1:36:07 1:39:16 1:51:11 2:14:42 2:18:54 2:28:06

**5 2:11:48 270 - 0 = 270 [378] Team Nationwide (David Parsons) - Mens**

Route Taken ⇨ 19 20 21 22 48 14 23 25 26 AP 7 17 28 F

Splits ⇨ 08:10 06:37 03:52 10:07 04:22 06:18 09:27 11:15 04:25 29:24 14:43 05:03 07:02 11:03

Run ⇨ 0:08:10 0:14:47 0:18:39 0:28:46 0:33:08 0:39:26 0:48:53 1:00:08 1:04:33 1:33:57 1:48:40 1:53:43 2:00:45 2:11:48

**6 2:26:51 265 - 0 = 265 [384] mightcontainnuts.com (Matt Unsworth) - Mens**

Route Taken ⇨ 20 21 48 22 14 23 25 26 AP CH 19 F

Splits ⇨ 18:31 05:24 09:00 09:19 10:02 08:45 24:52 03:22 27:51 20:12 05:50 03:43

Run ⇨ 0:18:31 0:23:55 0:32:55 0:42:14 0:52:16 1:01:01 1:25:53 1:29:15 1:57:06 2:17:18 2:23:08 2:26:51

**7 2:30:31 265 - 5 = 260 [385] Tri-Adventure (James Brown, Tom Davies, George Neville-Jones) - Mens**

Route Taken ⇨ 20 21 48 14 23 25 26 AP CH 19 28 18 F

Splits ⇨ 12:29 11:23 08:54 08:54 09:32 10:29 02:31 30:24 17:33 06:05 09:13 10:01 13:03

Run ⇨ 0:12:29 0:23:52 0:32:46 0:41:40 0:51:12 1:01:41 1:04:12 1:34:36 1:52:09 1:58:14 2:07:27 2:17:28 2:30:31

**8 2:25:33 255 - 0 = 255 [377] Campbell & Benno (Campbell Walsh, Benno Rawlinson) - Mens**

Route Taken ⇨ 20 21 48 22 23 14 AP CH 19 28 7 16 18 F

Splits ⇨ 12:37 03:37 17:01 22:32 11:26 08:57 10:18 18:18 06:18 05:09 04:19 06:00 05:06 13:55

Run ⇨ 0:12:37 0:16:14 0:33:15 0:55:47 1:07:13 1:16:10 1:26:28 1:44:46 1:51:04 1:56:13 2:00:32 2:06:32 2:11:38 2:25:33

## Stage 2: The Quarter Finals Results - Thetford - 1 October 2011

*Collect-o-meter*      5   >   >   10   >   >   15   >   >   20   >   >   25   >   >   30   >   >   35   >   >   40   >   >   F

**9      2:25:15   250 -   0 =   250   [387] Muck Spreader (Ray Spreadbury) - Mens**

*Route Taken* ⇨ 20 21 22 48 23 25 26 14 AP 19 28 7 F  
*Splits* ⇨ 19:06 08:04 13:58 05:25 11:29 16:19 05:16 20:36 12:11 10:26 07:11 04:42 10:32  
*Run* ⇨ 0:19:06 0:27:10 0:41:08 0:46:33 0:58:02 1:14:21 1:19:37 1:40:13 1:52:24 2:02:50 2:10:01 2:14:43 2:25:15

**10      2:26:18   245 -   0 =   245   [368] Uphil Struggle (Jonathan Gregory, Jeremy Sainter, Ross Howard) - Mens**

*Route Taken* ⇨ 19 20 21 48 14 23 25 26 AP CH 28 F  
*Splits* ⇨ 08:41 06:08 04:19 11:39 14:08 09:58 25:07 02:47 22:20 23:50 09:44 07:37  
*Run* ⇨ 0:08:41 0:14:49 0:19:08 0:30:47 0:44:55 0:54:53 1:20:00 1:22:47 1:45:07 2:08:57 2:18:41 2:26:18

**11      2:28:24   245 -   0 =   245   [379] Mike Pinnock (Mike Pinnock) - Mens**

*Route Taken* ⇨ 20 21 22 48 14 23 25 26 AP 28 7 F  
*Splits* ⇨ 16:52 04:46 15:12 07:10 09:04 12:37 24:24 05:53 25:55 09:36 05:27 11:28  
*Run* ⇨ 0:16:52 0:21:38 0:36:50 0:44:00 0:53:04 1:05:41 1:30:05 1:35:58 2:01:53 2:11:29 2:16:56 2:28:24

**12      2:25:33   240 -   0 =   240   [376] Just me (David Bignell) - Mens**

*Route Taken* ⇨ 20 21 48 23 25 26 14 AP 19 28 7 17 F  
*Splits* ⇨ 12:27 17:49 12:40 14:11 14:45 04:42 18:08 09:35 12:40 05:51 04:54 04:38 13:13  
*Run* ⇨ 0:12:27 0:30:16 0:42:56 0:57:07 1:11:52 1:16:34 1:34:42 1:44:17 1:56:57 2:02:48 2:07:42 2:12:20 2:25:33

**13      2:32:15   255 -   15 =   240   [381] Capita Symonds Adventure Racing 1 (Stephen Charters, Joe Quick) - Mens**

*Route Taken* ⇨ 19 20 21 48 22 14 23 25 26 AP 28 18 F  
*Splits* ⇨ 10:46 05:46 13:58 12:45 04:40 11:37 14:55 15:18 03:38 24:16 08:44 11:02 14:50  
*Run* ⇨ 0:10:46 0:16:32 0:30:30 0:43:15 0:47:55 0:59:32 1:14:27 1:29:45 1:33:23 1:57:39 2:06:23 2:17:25 2:32:15

**14      2:24:04   235 -   0 =   235   [389] Crouching Nugget (Mark Cribben) - Mens**

*Route Taken* ⇨ 28 18 16 7 17 19 AP 20 21 22 48 23 14 F  
*Splits* ⇨ 12:17 08:33 05:56 06:27 06:34 12:38 04:17 10:11 04:11 16:52 07:18 11:43 22:38 14:29  
*Run* ⇨ 0:12:17 0:20:50 0:26:46 0:33:13 0:39:47 0:52:25 0:56:42 1:06:53 1:11:04 1:27:56 1:35:14 1:46:57 2:09:35 2:24:04

**15      2:28:56   235 -   0 =   235   [318] Nicki Adams (Nicki Adams) - Ladies**

*Route Taken* ⇨ 19 AP CH 20 21 22 48 23 25 26 F  
*Splits* ⇨ 12:20 04:31 23:57 10:42 05:23 15:55 04:47 13:14 20:37 04:21 33:09  
*Run* ⇨ 0:12:20 0:16:51 0:40:48 0:51:30 0:56:53 1:12:48 1:17:35 1:30:49 1:51:26 1:55:47 2:28:56

**16      2:33:26   255 -   20 =   235   [367] JP (John Peters) - Mens**

*Route Taken* ⇨ 20 21 22 48 23 25 26 14 AP 19 28 18 F  
*Splits* ⇨ 18:45 04:03 13:32 06:16 12:30 14:48 04:55 17:54 09:50 12:25 05:51 11:47 20:50  
*Run* ⇨ 0:18:45 0:22:48 0:36:20 0:42:36 0:55:06 1:09:54 1:14:49 1:32:43 1:42:33 1:54:58 2:00:49 2:12:36 2:33:26

**17      2:11:10   225 -   0 =   225   [372] Three Team Maroc (Clare Houghton, Tarquin Adams) - Mixed**

*Route Taken* ⇨ 19 20 21 22 48 23 25 26 14 AP F  
*Splits* ⇨ 12:39 06:16 10:43 13:22 04:42 11:26 14:51 05:39 22:01 11:40 17:51  
*Run* ⇨ 0:12:39 0:18:55 0:29:38 0:43:00 0:47:42 0:59:08 1:13:59 1:19:38 1:41:39 1:53:19 2:11:10

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*Collect-o-meter*      5 > > 10 > > 15 > > 20 > > 25 > > 30 > > 35 > > 40 > > F

**18    2:17:10    225 -    0 =    225    [393] Terminal Misery (Christian Watkins, Miles Watkins) - Mens**

*Route Taken* ⇨ 20 21 22 48 23 25 26 14 AP 19 F  
*Splits* ⇨ 20:11 07:04 16:16 06:21 14:05 17:14 04:32 26:06 12:39 06:30 06:12  
*Run* ⇨ 0:20:11 0:27:15 0:43:31 0:49:52 1:03:57 1:21:11 1:25:43 1:51:49 2:04:28 2:10:58 2:17:10

**19    2:17:37    225 -    0 =    225    [369] Nooners (Fiona Scotter, Peter Walker) - Mixed**

*Route Taken* ⇨ 19 20 21 22 48 14 23 25 26 AP F  
*Splits* ⇨ 11:51 05:14 13:23 13:47 03:45 05:50 09:09 12:07 34:05 19:41 08:45  
*Run* ⇨ 0:11:51 0:17:05 0:30:28 0:44:15 0:48:00 0:53:50 1:02:59 1:15:06 1:49:11 2:08:52 2:17:37

**20    2:22:16    225 -    0 =    225    [317] Rymurry (R El, M Holm) - Mixed**

*Route Taken* ⇨ 20 21 48 22 23 25 26 14 AP 19 F  
*Splits* ⇨ 23:14 05:03 16:59 05:54 17:22 19:15 04:03 25:15 12:56 06:40 05:35  
*Run* ⇨ 0:23:14 0:28:17 0:45:16 0:51:10 1:08:32 1:27:47 1:31:50 1:57:05 2:10:01 2:16:41 2:22:16

**21    2:27:40    210 -    0 =    210    [375] Team Bungee (Lucy Harris, Isla Reynolds) - Ladies**

*Route Taken* ⇨ 19 AP 26 25 23 14 48 22 20 F  
*Splits* ⇨ 11:49 05:31 36:23 06:37 15:52 14:03 08:15 06:52 18:35 23:43  
*Run* ⇨ 0:11:49 0:17:20 0:53:43 1:00:20 1:16:12 1:30:15 1:38:30 1:45:22 2:03:57 2:27:40

**22    2:27:55    195 -    0 =    195    [366] A to Zeb (Zoe Barker, Andy Hodder Smith) - Mixed**

*Route Taken* ⇨ 20 21 48 22 23 14 19 AP 28 7 17 F  
*Splits* ⇨ 19:25 15:13 14:45 07:49 15:47 14:38 18:58 04:51 11:30 05:18 05:32 14:09  
*Run* ⇨ 0:19:25 0:34:38 0:49:23 0:57:12 1:12:59 1:27:37 1:46:35 1:51:26 2:02:56 2:08:14 2:13:46 2:27:55

**23    2:29:03    195 -    0 =    195    [363] Flaggging Finches (Sarah Evans, Andy Surplice) - Mixed**

*Route Taken* ⇨ 19 AP CH CF 14 48 22 F  
*Splits* ⇨ 19:23 06:35 49:40 00:03 29:02 08:12 05:28 30:40  
*Run* ⇨ 0:19:23 0:25:58 1:15:38 1:15:41 1:44:43 1:52:55 1:58:23 2:29:03

**24    2:20:34    190 -    0 =    190    [388] Team Dom (Amir Shamsuddin) - Mens**

*Route Taken* ⇨ 19 AP CH 23 14 48 22 21 20 F  
*Splits* ⇨ 10:45 04:47 40:42 21:02 12:52 07:33 05:50 15:14 07:10 14:39  
*Run* ⇨ 0:10:45 0:15:32 0:56:14 1:17:16 1:30:08 1:37:41 1:43:31 1:58:45 2:05:55 2:20:34

**25    2:21:13    190 -    0 =    190    [395] Cock Shaw Jenitals (Simon Jennison, Clive Shaw) - Mens**

*Route Taken* ⇨ 20 21 48 23 14X 22 14 AP CH 19 F  
*Splits* ⇨ 18:52 03:39 10:56 15:06 18:54 07:07 10:38 09:53 34:04 07:43 04:21  
*Run* ⇨ 0:18:52 0:22:31 0:33:27 0:48:33 1:07:27 1:14:34 1:25:12 1:35:05 2:09:09 2:16:52 2:21:13

**26    2:25:03    190 -    0 =    190    [391] The Aussie (Tim Scott) - Mens**

*Route Taken* ⇨ 28 17 7 16 18 19 AP CH CF F  
*Splits* ⇨ 10:42 06:36 04:59 06:00 12:48 17:48 04:25 10:39 00:10 10:56  
*Run* ⇨ 0:10:42 0:17:18 0:22:17 0:28:17 0:41:05 0:58:53 1:03:18 2:13:57 2:14:07 2:25:03

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*Collect-o-meter*      5   >   >   10   >   >   15   >   >   20   >   >   25   >   >   30   >   >   35   >   >   40   >   >   F

**27    2:23:49   175 -   0 =   175   [371] Loco and Dibber (Clive Jenkins, Gina Starling) - Mixed**

*Route Taken* ⇨ 28 17 7 16 18 19 AP 20 21 48 14 F  
*Splits* ⇨ 13:37 08:58 06:50 07:29 08:18 28:37 06:54 10:14 04:46 20:25 09:32 18:09  
*Run* ⇨ 0:13:37 0:22:35 0:29:25 0:36:54 0:45:12 1:13:49 1:20:43 1:30:57 1:35:43 1:56:08 2:05:40 2:23:49

**28    2:09:26   165 -   0 =   165   [397] TG1 (Mark Goodman, Chris Goodman) - Mens**

*Route Taken* ⇨ 19 AP 14 48 22 21 20 28 7 17 F  
*Splits* ⇨ 10:22 04:29 33:22 10:05 05:47 12:13 07:43 14:36 05:41 05:54 19:14  
*Run* ⇨ 0:10:22 0:14:51 0:48:13 0:58:18 1:04:05 1:16:18 1:24:01 1:38:37 1:44:18 1:50:12 2:09:26

**29    2:11:53   165 -   0 =   165   [364] Mud, Sweat and Beers (Ross Remnant, Laura Ashfield) - Mixed**

*Route Taken* ⇨ 28 7 16 18 19 AP CH 14 21 20 F  
*Splits* ⇨ 12:37 04:45 07:22 15:14 19:27 04:27 26:44 12:36 08:53 06:56 12:52  
*Run* ⇨ 0:12:37 0:17:22 0:24:44 0:39:58 0:59:25 1:03:52 1:30:36 1:43:12 1:52:05 1:59:01 2:11:53

**30    2:17:31   165 -   0 =   165   [386] No Sense of Direction (Kevin Rudland, John Feakes, Steve Moore) - Mens**

*Route Taken* ⇨ 19 AP 20 21 48 22 14 28 7 17 F  
*Splits* ⇨ 11:54 04:54 10:28 15:00 15:01 09:44 11:42 28:50 06:24 07:29 16:05  
*Run* ⇨ 0:11:54 0:16:48 0:27:16 0:42:16 0:57:17 1:07:01 1:18:43 1:47:33 1:53:57 2:01:26 2:17:31

**31    2:20:55   145 -   0 =   145   [380] The Flying Trilobites (John Batten, Ian Ward) - Mens**

*Route Taken* ⇨ 19 AP 14 48 22 21 20 28 7 F  
*Splits* ⇨ 14:11 07:20 41:03 09:19 05:52 13:57 07:51 22:16 05:42 13:24  
*Run* ⇨ 0:14:11 0:21:31 1:02:34 1:11:53 1:17:45 1:31:42 1:39:33 2:01:49 2:07:31 2:20:55

**32    2:22:25   140 -   0 =   140   [382] Nigel Braggins (Nigel Braggins) - Mens**

*Route Taken* ⇨ 19 AP 14 23 25 26 F  
*Splits* ⇨ 17:04 06:19 24:59 16:01 18:25 04:48 54:49  
*Run* ⇨ 0:17:04 0:23:23 0:48:22 1:04:23 1:22:48 1:27:36 2:22:25

**33    2:18:01   105 -   0 =   105   [399] Cartilage - Can't Run (Lyndon Sutton) - Mens**

*Route Taken* ⇨ 19 AP CH CF F  
*Splits* ⇨ 17:09 07:57 37:10 00:04 15:41  
*Run* ⇨ 0:17:09 0:25:06 2:02:16 2:02:20 2:18:01

**34    2:37:37   120 -   40 =   80   [392] Spongebob and The Beaver (Ashley Beevers, David Garner) - Mens**

*Route Taken* ⇨ 19 20 21 48 23 14 AP F  
*Splits* ⇨ 12:37 22:06 10:24 12:21 26:24 54:42 09:58 09:05  
*Run* ⇨ 0:12:37 0:34:43 0:45:07 0:57:28 1:23:52 2:18:34 2:28:32 2:37:37

**35    2:18:56   70 -   0 =   70   [370] Wasted Potential (Steve Hill, Michelle Hoey) - Mixed**

*Route Taken* ⇨ 19 AP CH 20 21 F  
*Splits* ⇨ 13:47 06:59 11:54 19:56 06:39 19:41  
*Run* ⇨ 0:13:47 0:20:46 1:32:40 1:52:36 1:59:15 2:18:56

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*Collect-o-meter*      5   >   >   10   >   >   15   >   >   20   >   >   25   >   >   30   >   >   35   >   >   40   >   >   F

### Novice

[Team No] Team Name (Racers) - Class

- 1    2:23:44   290 -   0 =   290   [344] Team Ram Rod (Malcolm Young) - Men**  
*Route Taken* ⇨ 19 20 21 22 48 23 25 26 14 AP CH 28 7 F  
*Splits* ⇨ 07:00 05:51 03:50 15:18 04:22 09:39 11:27 03:18 16:46 11:18 29:58 11:45 04:11 09:01  
*Run* ⇨ 0:07:00 0:12:51 0:16:41 0:31:59 0:36:21 0:46:00 0:57:27 1:00:45 1:17:31 1:28:49 1:58:47 2:10:32 2:14:43 2:23:44
- 2    2:26:13   265 -   0 =   265   [346] Rebels 1 (Richard Johnson, Neil Tarbet) - Men**  
*Route Taken* ⇨ 19 20 21 48 22 14 23 25 26 AP CH F  
*Splits* ⇨ 11:05 05:56 04:27 09:31 09:27 09:54 08:55 24:42 03:33 27:54 21:13 09:36  
*Run* ⇨ 0:11:05 0:17:01 0:21:28 0:30:59 0:40:26 0:50:20 0:59:15 1:23:57 1:27:30 1:55:24 2:16:37 2:26:13
- 3    2:32:54   270 -   6 =   264   [320] South London Orienteers (Jayne Sales, Dan Findlay-Robinson) - Mixed**  
*Route Taken* ⇨ 19 AP CH CF 26 25 23 48 14 F  
*Splits* ⇨ 10:54 05:14 44:12 00:25 32:47 05:44 18:43 13:22 07:24 14:09  
*Run* ⇨ 0:10:54 0:16:08 1:00:20 1:00:45 1:33:32 1:39:16 1:57:59 2:11:21 2:18:45 2:32:54
- 4    2:32:31   255 -   6 =   249   [350] 1664 (Rik Cannon, Shane England) - Men**  
*Route Taken* ⇨ 19 20 21 22 48 23 25 26 14 AP 28 18 F  
*Splits* ⇨ 14:01 06:16 08:04 15:27 05:03 11:07 14:01 06:10 21:25 12:59 10:47 10:23 16:48  
*Run* ⇨ 0:14:01 0:20:17 0:28:21 0:43:48 0:48:51 0:59:58 1:13:59 1:20:09 1:41:34 1:54:33 2:05:20 2:15:43 2:32:31
- 5    2:23:48   225 -   0 =   225   [328] Team Ironman (Rebecca Gould, Sophie Pooley, Samuel Albanie) - Mixed**  
*Route Taken* ⇨ 19 AP 26 25 23 14 48 22 21 20 F  
*Splits* ⇨ 10:19 08:49 34:29 07:06 14:58 20:34 10:10 04:56 15:42 04:56 11:49  
*Run* ⇨ 0:10:19 0:19:08 0:53:37 1:00:43 1:15:41 1:36:15 1:46:25 1:51:21 2:07:03 2:11:59 2:23:48
- 6    2:23:49   225 -   0 =   225   [356] Lark 4 (Jon Collard, Sean Stuteley, Andrew Terry,A Johnson-Chapman) - Men**  
*Route Taken* ⇨ 19 AP 26 25 23 48 22 21 14 20 F  
*Splits* ⇨ 11:55 04:47 23:16 06:05 14:30 11:21 05:26 14:30 24:48 15:46 11:25  
*Run* ⇨ 0:11:55 0:16:42 0:39:58 0:46:03 1:00:33 1:11:54 1:17:20 1:31:50 1:56:38 2:12:24 2:23:49
- 7    2:28:02   205 -   0 =   205   [322] LBV (Tamara Gijbels, Katrijn Van Lindt, Raf Ruyters) - Mixed**  
*Route Taken* ⇨ 28 17 7 16 18 19 AP 20 21 48 22 14 F  
*Splits* ⇨ 11:33 07:24 05:11 10:04 05:22 15:19 05:04 12:16 10:07 15:30 23:01 09:41 17:30  
*Run* ⇨ 0:11:33 0:18:57 0:24:08 0:34:12 0:39:34 0:54:53 0:59:57 1:12:13 1:22:20 1:37:50 2:00:51 2:10:32 2:28:02
- 8    2:31:34   205 -   4 =   201   [361] Brown Brothers (Michael Brown, Christopher Brown) - Men**  
*Route Taken* ⇨ 17 7 16 18 28 19 20 21 14 48 22 AP F  
*Splits* ⇨ 19:36 05:38 09:35 05:36 12:09 08:31 06:57 20:44 26:31 07:32 04:53 15:28 08:24  
*Run* ⇨ 0:19:36 0:25:14 0:34:49 0:40:25 0:52:34 1:01:05 1:08:02 1:28:46 1:55:17 2:02:49 2:07:42 2:23:10 2:31:34

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*Collect-o-meter*      5 > > 10 > > 15 > > 20 > > 25 > > 30 > > 35 > > 40 > > F

**9      2:14:33   195 -   0 =   195   [325] We're the farquari (Glenda & Gregory Anderson, Stacey Amos, Christophe Guillard) - Mixed**

*Route Taken* ⇨ 19 AP 26 25 23 48 22 21 20 F

*Splits* ⇨ 13:32 05:14 29:12 07:42 19:23 13:26 06:19 18:25 06:11 15:09

*Run* ⇨ 0:13:32 0:18:46 0:47:58 0:55:40 1:15:03 1:28:29 1:34:48 1:53:13 1:59:24 2:14:33

**10      2:26:10   195 -   0 =   195   [343] Seemed like a good idea (Stuart Wilson, Guy Lapworth) - Men**

*Route Taken* ⇨ 20 21 22 48 23 14 19 AP 28 7 17 F

*Splits* ⇨ 24:13 07:13 15:19 06:58 13:30 15:23 13:22 05:05 09:41 10:08 05:45 19:33

*Run* ⇨ 0:24:13 0:31:26 0:46:45 0:53:43 1:07:13 1:22:36 1:35:58 1:41:03 1:50:44 2:00:52 2:06:37 2:26:10

**11      2:15:18   190 -   0 =   190   [334] Tri-girl Cubed (Clare Cole, Katy Walters, Rose Waterman) - Ladies**

*Route Taken* ⇨ 19 AP CH 26 25 23 14 20 F

*Splits* ⇨ 14:42 05:41 29:28 23:59 07:26 16:03 13:09 12:43 12:07

*Run* ⇨ 0:14:42 0:20:23 0:49:51 1:13:50 1:21:16 1:37:19 1:50:28 2:03:11 2:15:18

**12      2:16:02   190 -   0 =   190   [326] Kayakattack (Alexandra Illingworth, David Illingworth) - Mixed**

*Route Taken* ⇨ 19 AP CH 14 23 48 22 20 21 F

*Splits* ⇨ 12:51 04:16 31:51 15:57 12:45 12:09 05:38 17:39 05:54 17:02

*Run* ⇨ 0:12:51 0:17:07 0:48:58 1:04:55 1:17:40 1:29:49 1:35:27 1:53:06 1:59:00 2:16:02

**13      2:25:48   190 -   0 =   190   [338] The Thingle Pots (Caroline Goodman, Steph Cook) - Ladies**

*Route Taken* ⇨ 19 20 21 48 22 23 14 AP CH F

*Splits* ⇨ 14:25 06:28 05:50 17:13 15:24 15:21 13:33 12:53 33:47 10:54

*Run* ⇨ 0:14:25 0:20:53 0:26:43 0:43:56 0:59:20 1:14:41 1:28:14 1:41:07 2:14:54 2:25:48

**14      2:23:05   185 -   0 =   185   [355] Wrong Direction (Rakesh Thakrar) - Men**

*Route Taken* ⇨ 19 AP CH 14 48 22 21 20 28 7 F

*Splits* ⇨ 11:45 05:42 34:11 11:41 07:39 05:08 15:36 07:10 27:30 05:00 11:43

*Run* ⇨ 0:11:45 0:17:27 0:51:38 1:03:19 1:10:58 1:16:06 1:31:42 1:38:52 2:06:22 2:11:22 2:23:05

**15      2:16:36   165 -   0 =   165   [349] The Beery Berry Bloaters (Simon Graydon, Marco Misticoni, Graham Dimmock) - Men**

*Route Taken* ⇨ 19 20 21 48 25 26 NA 14 14X AP F

*Splits* ⇨ 11:27 05:43 03:47 14:32 27:35 04:02 13:38 21:37 12:01 12:09 10:05

*Run* ⇨ 0:11:27 0:17:10 0:20:57 0:35:29 1:03:04 1:07:06 1:20:44 1:42:21 1:54:22 2:06:31 2:16:36

**16      2:22:49   160 -   0 =   160   [333] Stortford Girlies (Octavia Chambers, Julia Fonnereau) - Ladies**

*Route Taken* ⇨ 19 AP CH 20 21 48 22 14 F

*Splits* ⇨ 09:26 05:44 31:31 15:19 10:46 17:26 14:58 21:50 15:49

*Run* ⇨ 0:09:26 0:15:10 0:46:41 1:02:00 1:12:46 1:30:12 1:45:10 2:07:00 2:22:49

**17      2:26:23   160 -   0 =   160   [345] Rebels 2 (Tristan Bunn, Alex Tosh Wheeler) - Men**

*Route Taken* ⇨ 19 20 21 22 48 14 AP CH F

*Splits* ⇨ 13:47 07:16 19:54 24:43 05:46 13:27 18:25 32:51 10:14

*Run* ⇨ 0:13:47 0:21:03 0:40:57 1:05:40 1:11:26 1:24:53 1:43:18 2:16:09 2:26:23

## Stage 2: The Quarter Finals Results - Thetford - 1 October 2011

*Collect-o-meter*      5 > > 10 > > 15 > > 20 > > 25 > > 30 > > 35 > > 40 > > F

**18    2:27:23   160 -   0 = 160   [332] Rebelettes (Lauren Buffini, Allyson Maclean) - Ladies**

*Route Taken* ⇨ 19 20 21 22 48 14 AP CH F  
*Splits* ⇨ 13:52 08:30 18:47 24:35 06:32 12:37 19:03 32:25 11:02  
*Run* ⇨ 0:13:52 0:22:22 0:41:09 1:05:44 1:12:16 1:24:53 1:43:56 2:16:21 2:27:23

**19    2:38:20   175 -   18 = 157   [324] Bird on a Bungee (Samantha Ludlow, Andrew Taylor, Will Jones) - Mixed**

*Route Taken* ⇨ 19 AP CH 14 23 48 22 20 F  
*Splits* ⇨ 14:26 05:32 45:10 27:09 20:25 09:40 05:21 19:44 10:53  
*Run* ⇨ 0:14:26 0:19:58 1:05:08 1:32:17 1:52:42 2:02:22 2:07:43 2:27:27 2:38:20

**20    2:25:41   155 -   0 = 155   [331] Walkers (Joesph Smith, Paul Cherrett, Mark Wilson) - Men**

*Route Taken* ⇨ 17 7 16 18 28 19 AP CH 21 20 F  
*Splits* ⇨ 26:10 06:53 06:17 07:04 19:06 09:22 05:00 31:16 14:25 07:45 12:23  
*Run* ⇨ 0:26:10 0:33:03 0:39:20 0:46:24 1:05:30 1:14:52 1:19:52 1:51:08 2:05:33 2:13:18 2:25:41

**21    2:28:46   150 -   0 = 150   [329] The A-team (Mark Ponsford, Laura Preston, Sean Galvin) - Mixed**

*Route Taken* ⇨ 17 7 16 18 AP CH 14 19 F  
*Splits* ⇨ 25:08 06:55 06:10 05:51 30:26 34:56 25:03 09:25 04:52  
*Run* ⇨ 0:25:08 0:32:03 0:38:13 0:44:04 1:14:30 1:49:26 2:14:29 2:23:54 2:28:46

**22    2:29:28   150 -   0 = 150   [339] Sammy (Samantha Fielding) - Ladies**

*Route Taken* ⇨ 20 NA 22 48 14 AP 19 28 7 17 F  
*Splits* ⇨ 24:04 17:34 32:33 08:25 14:11 15:32 06:46 06:49 05:04 06:06 12:24  
*Run* ⇨ 0:24:04 0:41:38 1:14:11 1:22:36 1:36:47 1:52:19 1:59:05 2:05:54 2:10:58 2:17:04 2:29:28

**23    2:30:49   150 -   2 = 148   [335] Adventure Girls Team 1 (Trish Mccarthy, Debbie Bowers, Birgit Larsson) - Ladies**

*Route Taken* ⇨ 20 NA 22 48 14 AP 19 28 7 17 F  
*Splits* ⇨ 24:16 16:46 33:29 08:29 14:12 15:06 06:58 06:39 05:17 06:09 13:28  
*Run* ⇨ 0:24:16 0:41:02 1:14:31 1:23:00 1:37:12 1:52:18 1:59:16 2:05:55 2:11:12 2:17:21 2:30:49

**24    2:23:53   145 -   0 = 145   [342] Dove Runners (Sean Connor, Paul Nedd) - Men**

*Route Taken* ⇨ 20 21 48 22 23 14 AP F  
*Splits* ⇨ 20:36 23:50 13:02 07:31 16:33 17:21 29:55 15:05  
*Run* ⇨ 0:20:36 0:44:26 0:57:28 1:04:59 1:21:32 1:38:53 2:08:48 2:23:53

**25    2:30:47   145 -   2 = 143   [341] Men's Fitness (Sam Rider, Ben Ince) - Men**

*Route Taken* ⇨ 28 18 16 7 17 19 AP 20 21 NA 14 F  
*Splits* ⇨ 17:43 12:38 07:10 06:53 14:59 19:29 13:25 10:14 12:42 15:53 07:04 12:37  
*Run* ⇨ 0:17:43 0:30:21 0:37:31 0:44:24 0:59:23 1:18:52 1:32:17 1:42:31 1:55:13 2:11:06 2:18:10 2:30:47

**26    2:45:52   175 -   32 = 143   [362] m2 (Michael Carter) - Men**

*Route Taken* ⇨ 19 AP 20 22 48 14 23 25 F  
*Splits* ⇨ 13:11 05:29 20:06 27:10 06:04 12:29 20:46 27:08 33:29  
*Run* ⇨ 0:13:11 0:18:40 0:38:46 1:05:56 1:12:00 1:24:29 1:45:15 2:12:23 2:45:52

## Stage 2: The Quarter Finals Results - Thetford - 1 October 2011

*Collect-o-meter*      5 > > 10 > > 15 > > 20 > > 25 > > 30 > > 35 > > 40 > > F

**27    2:16:33   120 -   0 =   120   [353] Microsoft (Kevin Sangwell, Nigel Willson, Sean Dowse, Steve Godfrey) - Men**

*Route Taken* ⇨ 19 20 21 48 23 14 AP F  
*Splits* ⇨ 14:15 13:09 14:09 16:47 34:49 14:44 16:33 12:07  
*Run* ⇨ 0:14:15 0:27:24 0:41:33 0:58:20 1:33:09 1:47:53 2:04:26 2:16:33

**28    2:32:20   120 -   6 =   114   [359] Terrible Mistake (Tony Sorensen, Dom Galea, Ollie Nash, Paul Harrod) - Men**

*Route Taken* ⇨ 19 AP 20 48 NA 25 26 F  
*Splits* ⇨ 12:00 04:37 12:21 25:36 13:09 35:05 05:06 44:26  
*Run* ⇨ 0:12:00 0:16:37 0:28:58 0:54:34 1:07:43 1:42:48 1:47:54 2:32:20

**29    2:22:02   110 -   0 =   110   [360] What's a kayak? (Mark Leek, Andrew Dool, Aaron Clarke) - Men**

*Route Taken* ⇨ 19 AP CH 28 NA 18 16 7 F  
*Splits* ⇨ 11:32 04:42 48:12 22:17 13:59 10:36 07:05 12:47 10:52  
*Run* ⇨ 0:11:32 0:16:14 1:04:26 1:26:43 1:40:42 1:51:18 1:58:23 2:11:10 2:22:02

**30    1:45:32   105 -   0 =   105   [357] Wyton Wanderers (Ben Russell, Neil Owczarkowski) - Men**

*Route Taken* ⇨ 28 17 7 16 18 AP 19 21 F  
*Splits* ⇨ 12:30 08:47 06:23 07:18 06:48 18:12 12:25 15:51 17:18  
*Run* ⇨ 0:12:30 0:21:17 0:27:40 0:34:58 0:41:46 0:59:58 1:12:23 1:28:14 1:45:32

**31    2:29:18   100 -   0 =   100   [340] Simrit Beavers (Steve Cox, Ashley Cartwright, Chris Read) - Men**

*Route Taken* ⇨ 19 20 21 NA 14 AP CH F  
*Splits* ⇨ 15:38 13:07 10:41 30:36 08:57 25:03 35:49 09:27  
*Run* ⇨ 0:15:38 0:28:45 0:39:26 1:10:02 1:18:59 1:44:02 2:19:51 2:29:18

**32    1:43:37   90 -   0 =   90   [316] Tio Marco (Mark Westwood) - Men**

*Route Taken* ⇨ 19 20 21 48 14 AP F  
*Splits* ⇨ 16:06 07:52 05:56 16:33 08:33 20:50 27:47  
*Run* ⇨ 0:16:06 0:23:58 0:29:54 0:46:27 0:55:00 1:15:50 1:43:37

**33    2:39:18   105 -   20 =   85   [330] A&H (Harri Williams, Andri Foley) - Mixed**

*Route Taken* ⇨ 19 20 21 48 AP 28 7 17 F  
*Splits* ⇨ 15:38 07:44 13:04 16:13 54:51 12:50 07:49 08:20 22:49  
*Run* ⇨ 0:15:38 0:23:22 0:36:26 0:52:39 1:47:30 2:00:20 2:08:09 2:16:29 2:39:18

**34    2:30:55   75 -   2 =   73   [321] Team Chalk and Cheese (Olivia Watson, Paul Enright) - Mixed**

*Route Taken* ⇨ 19 AP CH 14 F  
*Splits* ⇨ 05:10 08:15 39:04 16:55 21:31  
*Run* ⇨ 1:05:10 1:13:25 1:52:29 2:09:24 2:30:55

**35    2:11:15   65 -   0 =   65   [352] CowGirls (Kimberly Mort, Jennifer Kellner, Heather Garmier) - Ladies**

*Route Taken* ⇨ 19 AP 23 14 F  
*Splits* ⇨ 12:53 06:11 09:12 22:08 20:51  
*Run* ⇨ 0:12:53 0:19:04 1:28:16 1:50:24 2:11:15



## Stage 2: The Quarter Finals Results - Thetford - 1 October 2011

*Collect-o-meter*      5 > > 10 > > 15 > > 20 > > 25 > > 30 > > 35 > > 40 > > F

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**36    2:15:30    60 -    0 =    60    [348] Lee Garratty (Lee Garratty) - Men**

*Route Taken* ⇨ 19 AP CH 21 F  
*Splits* ⇨ 12:59 05:00 30:49 37:10 49:32  
*Run* ⇨ 0:12:59 0:17:59 0:48:48 1:25:58 2:15:30

**37    2:21:58    90 -    30 =    60    [319] Simrit Seals (Sarah Roberson, Gary Williams, Dick Bird) - Mixed**

*Route Taken* ⇨ 19 20 21 48 14 F  
*Splits* ⇨ 17:46 12:21 08:47 22:55 01:31 18:38  
*Run* ⇨ 0:17:46 0:30:07 0:38:54 1:01:49 2:03:20 2:21:58

**38    2:12:13    40 -    0 =    40    [327] Don't Do Mornings... (Anoushka Morse, Marc Scutt) - Mixed**

*Route Taken* ⇨ 19 AP 20 21 28 F  
*Splits* ⇨ 15:16 07:43 41:58 31:49 20:57 14:30  
*Run* ⇨ 0:15:16 0:22:59 1:04:57 1:36:46 1:57:43 2:12:13